



Bedford Recreation Department

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www.bedfordrecreation.org

Barbara Aldorisio

Barbara is passionate about tennis and her goal is to encourage the love of tennis as a life sport. She enjoys sharing this passion with the residents of Bedford, the town in which she has raised five children and lived for more than forty years.

Barbara began her tennis career in the 70's. She has taught a "Littlekids" program for the youngest students. For adults, she has organized and run tournaments and women's tennis teams. She helped to organize the BTA (Bedford Tennis Association).

At Bedford High School, Barbara coached the women's Varsity and Junior Varsity Tennis Teams for many years.

Barbara has also taught tennis lessons for Bedford Recreation for many years. She has taught youth lessons as well as adult classes for the Recreation Department. She continues to offer adult instruction in the spring through the Recreation Department.

Barbara's certifications are with the United States Professional Tennis Association. She has also had training in Cardio Tennis, Little Tennis and Adult Teaching Methods and Organization.